



Unbelievable Butter

Nutrition Facts

Serving Size: 2 Tbsp (about 31g) unpopped (about 5 cups popped)
 Servings Per Bag: about 2
 Servings Per Box: about 36

AMOUNT PER SERVING	2 TBSP UNPOPPED	1 CUP POPPED
Calories	130	25
Calories from Fat	50	10
% Daily Value**		
Total Fat 6g*	9%	2%
Saturated Fat 1g	5%	1%
Trans Fat 0g		
Polyunsaturated Fat 1g		
Monounsaturated Fat 3g		
Cholesterol 0mg	0%	0%
Sodium 240mg	10%	2%
Total Carbohydrate 17g	6%	1%
Dietary Fiber 3g	12%	2%
Sugars 0g		
Protein 2g		
Iron	4%	0%

Not a significant source of Vitamin A, Vitamin C, and Calcium.

*Amount in unpopped. As popped 1 cup provides 1g total fat, 0g saturated fat, 0g trans fat, 0g polyunsaturated fat, 0g monounsaturated fat, 40mg sodium, 3g total carbohydrate, less than 1g of dietary fiber, 0g protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

FULL BAG POPPED

CALORIES 260

CALORIES FROM FAT 100

TOTAL FAT 11g

SATURATED FAT 2g

TRANS FAT 0g

POLYUNSATURATED FAT 2g

MONOUNSATURATED FAT 6g

CHOLESTEROL 0mg

NATURALLY CHOLESTEROL FREE

100% WHOLE GRAIN


NATURALLY GLUTEN AND SUGAR FREE

INGREDIENTS:

Popcorn, Canola Oil, Salt.

Contains 2% or less of the following: Natural & Artificial Flavor, Color Added, TBHQ and Citric Acid to preserve freshness, Hydrogenated Vegetable Oil (corn, cottonseed or sunflower).

Contains milk ingredients.

 This package is 100% recyclable.

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